Prairie UU

Family Resource Newsletter



April Family Guide to Theme Based Discussion & Practices

PRAIRIE UNITARIAN UNIVERSALIST SOCIETY
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Truth & Falsehood By Arthur Guiterman

Old Time was young,
men's hearts were all untried
by grief and sin,
when round this whirling ball
Pure Truth and Falsehood
journeyed side by side
In free companionship.
At evenfall
Of that long day which closed the
Age of Gold
They came to Pleasure's lake, and
both were glad
To cast their robes and seek those

waters cold.
But Falsehood, first emerging, lightly clad her limbs in Truth's white garments, fresh and fair, And swiftly fled away with mocking mirth;
While Truth, disdaining Falsehood's tattered wear, Pursued.

So still around the dizzy earth
Flies Falsehood, well-disguised in
Truth's array,
While Truth runs after, naked to
the day.

Truth...

April is here! She brings flowers and showers and new life and warm breezes. She is the first breath of spring after long icy winters and we are so happy to see her!

But April can be tricky. Warm and lovely one day, frigid and wet the next.

Can April truly be called spring – even when she doesn't always act that way?

Truth is a tricky subject. In theory we should always tell the truth – it's the right thing to do.

But the truth can be painful. It can wound and it can break the recipient at times.

This is a hard concept for all of us to learn. When is it okay to lie? When is the truth justified – when is not?

By Holly Tellander, DRE

As Unitarian Universalists we affirm and promote the idea that everyone is entitled to their own free and responsible search for truth and meaning.

In theory, this sounds like a lovely idea – easy to promote and affirm. But how do we behave when someone's truth is radically different than our own? How do we handle truth that seems ugly or silly or harmful or false?

This month we consider the role of truth in our lives and in our faith. We think about how we teach truth and how we teach its opposite.

Perhaps Oscar Wilde said it best.... "The truth is rarely pure and never simple."

The Boy Who Gried Wolf

A Shepherd Boy tended his master's Sheep near a dark forest not far from the village. Soon he found life in the pasture very dull. All he could do to amuse himself was to talk to his dog or play on his shepherd's pipe.

One day as he sat watching the Sheep and the quiet forest, and thinking what he would do should he see a wolf. It was not long until he thought of a plan to amuse himself.

His Master had told him to call for help should a wolf attack the flock. He had promised that the villagers would come running to drive it away.

So now, though they boy had not seen anything that even looked a little like a wolf, he ran toward the village shouting at the top of his voice, "Wolf! Wolf!"

As promised, the villagers who heard the cry dropped their work and ran in great excitement to the pasture. But when they got there they found the boy doubled up with laughter at the trick he had played on them.

A few days later, finding himself in a

similar state of boredom, the shepherd boy again thought of his funny plan.

Once again he ran for the village, shouting, "Wolf! Wolf!" And again the villagers ran to help him, only to be laughed at again.

They grumbled angrily as they went back to their work that day, but the boy laughed gaily, fully satisfied with his trick.

Then one evening as the sun was setting behind the forest and the shadows were creeping out over the pasture, it happened that a wolf really did spring from the underbrush and fall upon the sheep.

In terror the boy ran toward the village shouting "Wolf! Wolf!" But though the villagers heard the cry, they did not run to help him as they had before. "He cannot fool us again," they said.

The Wolf gobbled a great many of the boy's sheep that day and then slipped safely away into the forest.

Think about it...

- And this story? How did you feel?
- What do you think the boy should do to earn the trust of the villagers again?



PLAY 3 TRUTHS AND A LIE with your family at dinner. Each person tells 3 true things and 1 lie and everyone else tries to guess the lie.

ASK YOUR PARENTS about the scariest time they had to tell the truth. What did they do?

NOTICE WHEN SOMEONE IS LYING – why do you think they are doing that? Can you understand their feelings? Can you help?



√ TRUTH AND HONESTY – ARETHA FRANKLIN

√ TEACH YOUR CHILDREN WELL -

CROSBY, STILLS, NASH & YOUNG

√ THE STRANGER — BILLY JOEL

√ GOODBYE EARL – THE DIXIE CHICKS

√ I Don't Like – Barenaked Ladies

*GREAT FOR ALL AGE !RUTHIE AND THE (NOT SO)

TEENY LIE – LAURA RANKIN

√ THE EMPTY POT – DEMI

√ THE HONEST TRUTH - DAN

GEMEINHART

√ Wonder – R.J. Palacio

√ This Is Not My Hat – Jon

KLASSEN

Principles in ACTION

Unitarian Universalists affirm and promote 7 core principles

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- 1. Everyone is important.
- 2. Be kind in all you do.
- 3. We are free to learn together.
- We can all search for our own truth.
- 5. Everyone has a voice.
- 6. We work together to build a fair and peaceful world.
- 7. We care for our planet.

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How can your family engage with the theme of 'truth' in the context of living out one or more of our principles?

Some ideas

- Think of someone who thinks very differently from you about something. How do you accept a truth that is different from your own?
- Support someone who is telling the truth – even if everyone else isn't.
- ♦ Think of this question "What is the meaning of life?" Share your truthful answer with someone you love and listen to their response. Can you find common ground even through your differences?

Are you up to the challenge?

Need ideas for how to be truthful this month? Want to practice accepting truths that are different from your own?

The list of questions below are great for discussion. Try them with your family, your friends and as conversation starters with new acquaintences!

And remember this old proverb:

'we are one at the root, only parting at the branch'

- What do you think is the best topping for a hamburger?
- What do you think is the biggest problem for kids in the world right now?
- How old do you think should someone be when they get married?
 - Who do you think should be the next president?
 - What do you think is the grossest food in the world?
 - What do you think is the coolest dog name ever?
 - What game would you like to see outlawed forever?
 - What do you think happens after you die?
- What do you think is the most annoying song you've ever heard?
- Which do you think is better roller-skating or roller-blading? Chocolate or vanilla ice cream? Night owls or Early birds? Real books or books on Kindle? Rock music or Jazz?

 Dogs or cats???