## Prairie Unitarian Universalist Society

2010 Whenona Drive, Madison, WI 53711 \* 608-271-8218 \* www.uuprairie.org

## "What Is Mental Illness?" presented by Rachel Long, MD.

Today's Order of Service

Prelude – Prairie Choir, Barbara Park, director; Mary Frantz, accompanist by Jin Tyley

Welcome and Announcements – Rachel Long

Opening Words #468 (SLT): Responsive Reading We Need One Another

We need one another when we mourn and would be comforted. *We need one another when we are in trouble and afraid.* We need one another when we are in despair, in temptation, and need to be recalled to our best selves again.

We need one another when we would accomplish some great purpose, and cannot do it alone.

We need one another in the hour of success, when we look for someone to share out triumphs.

We need one another in the hour of defeat, when with encouragement we might endure, and stand again. We need on another when we come to die, and would have gentle hands prepare us for the journey.

All our lives we are in need, and others are in need of us.

\*Hymn #6 (SLT): "Just as Long as I Have Breath," Aileen Nettleton, accompanist.

Lighting of the Chalice #447 (SLT)

Silent Meditation

**Story for All Ages:** Excerpt from "Where the Wild Things Are" by Maurice Sendak.

Singing the Children Out

\*\*Joys and Concerns \*\*Introduction of Guests and Visitors

Welcome New Members

**Presentation:** "What Is Mental Illness?" presented by Rachel Long, MD.

#### Discussion

Offering & Offertory – Prairie Choir, Barbara Park, director; Mary Frantz, accompanist

NoTe + a " \*Hymn #86 (SLT): "Blessed Spirit of My Life," Aileen Nettleton, accompanist.

#### Closing Words #483 (SLT):

When despair for the world grows in me and I wake in the night at the least sound in fear of what my life and children's lives may be, I go and lie down where the wood drake rests in his beauty on the water, and the great heron feeds.

I come onto the peace of wild thing who do not tax their lives with forethought of grief. I come into the presence of still water. And I feel above me the day-blind stars waiting with their light. For a time I rest in the grace of the world, and am free.

- Wendell Berry

#### **Greet Your Neighbor**

\*please stand as you are able. \*\*please wait for the microphone before speaking: this allows those using the assistive listening devices to hear.



October 9, 2011

Green Note Something to think about: of every dollar spent on food in the grocery store, only about 16 cents actually goes to the farmer who produced it. The rest is spent on marketing, transportation, insurance, and more. To read the full article, visit http://www.thedaily green.com/healthyeating/blogs/healthy-food/us-food-expenditures

Join the Long Range Planning Committee after the service today for the first in a series of meetings to discuss Prairie's governance structure. Everyone is encouraged to attend so all points of view are represented. Handouts for the first meeting are on the front table.

Registration forms and schedules for the Mini-Retreat on October 15 are on the table in the foyer. Please return the registration to Prairie today.

**Cookies and crafts!** The 4-6 grade RE class will be selling cookies and Fair Trade crafts after the service today. The money raised will go to the Green Sanctuary's El Salvador and Vietnam program.

**Today is Spaghetti Sunday** Stay after the service today for Spaghetti, salad, and dessert.

The Chalice Lighter Program is a regional cooperative effort of the Central Midwest District, begun in the 1980s. Its purpose is to support the District UU congregations in Missouri, Illinois, Indiana, Michigan and Wisconsin by making monetary grants for the addition of new professional staff, new or enhanced physical space, outreach/public relations programs, and to help with new congregation startups. Pat Watkins and the Denominational Affairs Committee will have a table set up today after the service with more information and to sign up new participants.

## Prairie UU Society Bond of Union

We, the members of Prairie, wish to associate ourselves together in a religious community which affirms that we share a common humanity, that we need one another, and that our futures are inescapably bound together. Together we would expand our intellectual horizons, enrich our sensory experiences, and deepen our emotional sensitivities. We would sharpen our ethical awareness and broaden our sense of social responsibility. We would stand tall in our quest for integrity of life, yet not at others' expense. As the prairie stretches out until it becomes one with the sky, let us reach out to touch and be one with the natural world, and with one another.



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## <u>Prairie Calendar</u>

#### Sunday, October 9, 2011

8:45 Choir rehearsal.
10:00 "What Is Mental Illness?" presented by Rachel Long, MD.
11:15 Spaghetti Sunday
11:15 Bake and craft sale for the Green Sanctuary
Committee
11:15 Sign-up for Chalice Lighter program
11:45 Governance meeting

#### Saturday, October 15, 2011

9:00 Prairie Mini-Retreat1:00 Governance meeting (as part of retreat)

# Sunday, October 16, 2011

8:45 Choir rehearsal.
10:00 Service - "Death and Dying in America Part II: Hospice Care -- I Don't Know Why You Say Goodbye, I Say Hello," presented by Liz Allen.

## **Prairie Unitarian Universalist Society**

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Rebecca Malke-Eliganti, Director of Religious Education 608-271-8218, dre@uuprairie.org

Dan Klock, Congregational Administrator – 608-271-8218 admin@uuprairie.org

Barbara Park, president & music director, barpark@gmail.com

Rick Ruecking, vice president, ruecking@hotmail.com Kate Liu, acting treasurer, kgliu311@gmail.com Kathy Converse, finance chair, conversekrtm@msn.com Heidi Hughes and Erin Bosch, membership co-chairs, hughesha@yahoo.com & hillfarms2002@yahoo.com Robin Proud, religious education chair, derrproud@att.net Dirk Herr-Hoyman, housing and property chair, hoymand@gmail.com

Nick Abts, program chair, nicholas.abts@gmail.com Aileen Nettleton, caring committee, aanett@sbcglobal.net Al Nettleton, communications chair, aanett@sbcglobal.net Pat Watkins and Nancy Schraufnagel, denominational affairs co-chairs, pwatkins@wisc.edu

Rachel Long, Long Range Planning, raarlong@gmail.com John (Veera Raju) Eliganti, janitor, janitor@uuprairie.org

## Monday, October 17, 2011

6:30 Spanish Speakers' Potluck at the home of Laura Mason.

Sunday, October 23, 2011
8:45 Choir rehearsal.
10:00 Service – "Death and Dying in America Part III: Choosing the Way You Die," presented by Jim Jaeger.

#### Monday, October 24, 2011 7:00 Program Committee meets.

#### Sunday, October 30, 2011

8:45 Choir rehearsal.10:00 Service - "Day of the Dead"

#### Sunday, November 6, 2011

8:45 Choir rehearsal. 10:00 Service

#### Principles of the Unitarian Universalist Association of Congregations

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

#### Next week's service:

"Death and Dying in America Part II: Hospice Care -- I Don't Know Why You Say Goodbye, I Say Hello," presented by Liz Allen.

