

Prairie Unitarian Universalist Society

2010 Whenona Drive, Madison, WI 53711 * 608-271-8218 * www.uuprairie.org

“Laughter Yoga,” presented by the Madison Laughter Club

July 28, 2013



Today's Order of Service

Prelude: “Chorale,” by Brahms. Performed by Mary Frantz.

Greeting and Announcements – Penny Eiler

****Introduction of Guests and Visitors**

Opening Words

***Hymn #338 (SLT):** “I Seek the Spirit of a Child,”
accompanied by Aileen Nettleton.

Chalice Lighting: In unison.

The Big Smiling Oath

I do unsolemnly swear,
To turn up each side of my mouth,
And to smile as often as possible,
I agree to laugh several times daily.
And to give and receive at least three hugs per day!
I vow to have frequent bouts of silliness,
And more happiness for no reason.
From this day forth,
I promise to laugh long and prosper.
*What All Children Want Their Parent to Know:
12 Keys to Raising a Happy Child
by Diana Loomans with Julia Godoy*

Story for All Ages

Singing the Children Out

****Joys and Concerns**

Silent Meditation

Presentation: “Laughter Yoga,” presented by the Madison
Laughter Club.

Discussion

Offering & Offertory: “Saraband,” by Bach. Performed by
Mary Frantz.

***Hymn #346 (SLT):** “Come Sing a Song with Me,”
accompanied by Aileen Nettleton.

Closing Words:

Children are so receptive to a smile that if a parent could
make just one change in a thirty day period to vastly
improve their parenting style, I would suggest smiling more
often at their children and offering more hugs and affection.
Read “The Big Smiling Oath” at breakfast with your
family, and share stories at dinnertime each evening – and
there will be stories.”

– Diana Loomans

Greet Your Neighbor

*please stand as you are able.

**please wait for the microphone before speaking; this allows
those using the assistive listening devices to hear.

Announcements

Green Note

The Humanist Union's August meeting will be this
coming Saturday, August 3, at 6:30pm at Bob and Barb
Park's house, 5610 Hammersly Road in Madison. There
won't be a potluck this month, but please bring finger-
foods to share if you can. The Union will view and discuss
the Japanese movie, Departures, and hold a discussion
afterward. The movie was recommended by Jane
Esbenson.

**What do 2 pairs of reading glasses, an umbrella, and a
snorkel have in common?** They're all in Prairie's lost and
found! Take a look at these items and more on the table
under the coat rack just inside the front door.

Prairie UU Society Bond of Union

*We, the members of Prairie, wish to associate ourselves
together in a religious community which affirms that we
share a common humanity, that we need one another, and
that our futures are inescapably bound together. Together
we would expand our intellectual horizons, enrich our
sensory experiences, and deepen our emotional sensitivities.
We would sharpen our ethical awareness and broaden our
sense of social responsibility. We would stand tall in our
quest for integrity of life, yet not at others' expense. As the
prairie stretches out until it becomes one with the sky, let us
reach out to touch and be one with the natural world, and
with one another.*

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Prairie Calendar

Sunday, July 28, 2013

10:00 Service – “Laughter Yoga,” lead by the Madison Laughter Club.

Saturday, August 3, 2013

9:00 PrairieWOW meets
6:30 Humanist Union meets at the home of Bob and Barb Park

Sunday, August 4, 2013

10:00 Service – Solar Homes by the Sierra Club.
5:30 Prairie Men's Group meets

Sunday, August 11, 2013

10:00 Service – “Foreign Aid Best Practices,” by Gary Peterson

Sunday, August 18, 2013

10:00 Service – Service by Reverend Sandra Ingham.

Sunday, August 25, 2013

10:00 Service – A presentation by SERRV.

Sunday, September 1, 2013

10:00 Service – Labor Day program
5:30 Prairie's Men's Group meets.

Saturday, September 7, 2013

9:00 PrairieWOW meets

Sunday, September 8, 2013

10:00 Service – Water Ceremony

Sunday, September 15, 2013

10:00 Service by Rev. Sandy Ingham

Sunday, September 22, 2013

10:00 Service – “What Will You Do with Your One Wild and Precious Life?”

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John (Veera Raju) Eliganti, janitor, janitor@uuprairie.org

Principles of the Unitarian Universalist Association of Congregations

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Next week's service:

Solar Homes by the Sierra Club

