

Prairie Unitarian Universalist Society

2010 Whenona Drive, Madison, WI 53711 * 608-271-8218 * www.uuprairie.org

**"It's Easier Than You Think," by Reverend
Sandra Ingham.**

August 18, 2013



Today's Order of Service

*No one saves us but ourselves,
No one can and no one may;
We ourselves must tread the Path;
Buddhas only show the way.*
– Theravada Buddhism

Prelude: "The Riddle," a Kentucky Mountain folk song.
Performed by Marcia Johnson.

Greeting and Announcements – Rev. Sandra Ingham

****Introduction of Guests and Visitors**

Opening Words

***Hymn #181 (SLT):** "No Matter If You Live Now Far or Near," accompanied by Mary Frantz.

Chalice Lighting:

Story for All Ages: From "Zen Tales," by Jon Muth.

Singing the Children Out

****Joys and Concerns**

***Hymn #352 (SLT):** "Find a Stillness," accompanied by Mary Frantz.

Silent Meditation

Reading: A poem by Mary Oliver.

Reflections on Buddhism, Part I: "Setting the Stage," by Rev. Sandra Ingham.

Meditation: Spoken, then silent.

Reading: A poem by Lao-Tzu.

Reflections, Part II: "The Four Noble Truths"

Meditation: Silent, then spoken.

Responsive Reading #598 (SLT): "Without Hate"

Reflections, Part III: "The Eightfold Path"

Offering & Offertory: "Aura Lee," by G.R. Poulton.
Performed by Marcia Johnson.

***Hymn #183 (SLT):** "The Wind of Change Forever Blown,"
accompanied by Mary Frantz.

Closing Words

Greet Your Neighbor

*please stand as you are able.

**please wait for the microphone before speaking; this allows those using the assistive listening devices to hear.

Announcements

Green Note: Generating enough electricity to cook for an hour in a standard electric oven creates 2.7 pounds of carbon dioxide. Here's a list of what can do it for less: toaster oven, 1.3 pounds over 50 minutes; slow cooker, 0.9 pounds over seven hours; and microwave, 0.5 pounds over 15 minutes. (from <http://www.seattlepi.com>)

RE classes resume on September 8. This year's focus will be on World Religions. For more information, contact Rebecca Malke, Prairie's DRE, at dre@uuprairie.org.

The Prairie Elders will meet on Tuesday, August 27 from 1:30 to 3:20 in the Nakoma Room, Heritage Oaks Building, Oakwood Village West. This month's topic will be "US Surveillance, Does this threaten our civil liberties?" Please bring your own beverage mug and snacks to share if you can. Newcomers welcome! Contact Nancy Garst, 230-3392, Rosemary Dorney, 238-4382, or Rose Smith, 233-3363, for more information.

Start the school year off with a splash with the RE Summer Splash pool party! The party will be held on Sunday, August 25th at 2:00 at Goodman's Aquatic Center in Verona. Everyone is welcome! Please contact Rebecca Malke (dre@uuprairie.org) for more information.

The Prairie Book Club will meet on Sunday, August 25, after the service. This month's book is *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*, by Michelle Alexander.

Prairie UU Society Bond of Union

We, the members of Prairie, wish to associate ourselves together in a religious community which affirms that we share a common humanity, that we need one another, and that our futures are inescapably bound together. Together we would expand our intellectual horizons, enrich our sensory experiences, and deepen our emotional sensitivities. We would sharpen our ethical awareness and broaden our sense of social responsibility. We would stand tall in our quest for integrity of life, yet not at others' expense. As the prairie stretches out until it becomes one with the sky, let us reach out to touch and be one with the natural world, and with one another.

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Prairie Calendar

Sunday, August 18, 2013

10:00 "It's Easier Than You Think," by Reverend Sandra Ingham.

Sunday, August 25, 2013

10:00 Service – SERRV in Bangladesh.
11:30 Prairie Book Club meets to discuss *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*
2:00 Summer Splash at Goodman Aquatic Center

Tuesday, August 27, 2013

1:30 Prairie Elders meet

Sunday, September 1, 2013

10:00 Service – "Multi-media, Work Inspired Extravaganza"
5:30 Prairie's Men's Group meets.

Saturday, September 7, 2013

9:00 PrairieWOW meets

Sunday, September 8, 2013

10:00 Service – Water Ceremony
10:00 Children's RE begins

Sunday, September 15, 2013

10:00 Service by Rev. Sandy Ingham

Sunday, September 22, 2013

10:00 Service – "What Will You Do with Your One Wild and Precious Life?"

Sunday, September 29, 2013

10:00 Service

Sunday, October 6, 2013

10:00 Service by Rev. Sandy Ingham

Sunday, October 13, 2013

10:00 Service

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Reverend Sandra Ingham, Minister – 608-271-8218
minister@uuprairie.org

Rebecca Malke-Eliganti, Director of Religious Education
608-271-8218, dre@uuprairie.org

Dan Klock, Congregational Administrator – 608-271-8218
admin@uuprairie.org

Barbara Park, president & music director,
president@uuprairie.org

Lynn Pawelski, vice president, gusdavis91@gmail.com

Al Nettleton, treasurer, aanett@sbcglobal.net

Anne Urbanski, communications chair, anneu53714@gmail.com

Christina Klock, Board secretary, cak190@hotmail.com

Kathy Converse, finance chair, conversekrtm@gmail.com

Phyllis Long, denominational affairs, plong373@gmail.com

Heidi Hughes and Erin Bosch, membership co-chairs,
hughesha@yahoo.com and hillfarms2002@yahoo.com

Susan Herr-Hoyman, religious education chair,
herrsm@gmail.com

Gary Gates, housing and property chair, gig.gts@gmail.com

Penny Eiler, program chair, pennyeiler@gmail.com

Aileen Nettleton, caring committee, aanett@sbcglobal.net

John (Veera Raju) Eliganti, janitor, janitor@uuprairie.org

Principles of the Unitarian Universalist Association of Congregations

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Next week's service:

"SERRV in Bangladesh," by Megan Arzbaeher .

