

Note: This service will be recorded

Reader: Suzanne & John Gernandt Zoom Helper: Renee

Opening Song: *Sanctuary* by Carrie Newcomer, performed by Rachel Long

Welcome and Announcements:
Dan Proud

Chalice Lighting: Resilience by Alex Elle

look at you.
still standing
after being
knocked down
and thrown out.

look at you.
still growing
after being
picked and plucked
and prodded out of
your home

look at you.
still dancing
and singing
after being
defeated and disassembled.

look at you, love.
still here and hopeful
after it all.

Silent Meditation

Story for All Ages:
The Rabbit Listened by Cori Doerrfeld;
read by Renee

Presentation: *NAMI Dane County: Our Organization During COVID-19* by Jake King

Related to 2nd Principle: Justice, equity and compassion in human relations

Discussion

Closing Words: by A.E. Lodge

My whole life is always changing
My thoughts and brain keep rearranging
Until finally I'm stuck
Feelings and emotions run amok
Happiness just fades away
Peace of mind just cannot stay
Left with not much left to say
And I feel this everyday
But I go on, just try living
Though life can be unforgiving
I try to be fully driven
And to view things as uplifting
Yes, all I've gone through was rough
And, for real, enough's enough
But it's helped me deal with stuff
And it's helped to make me tough
I know I'll make it, I'm a survivor
And I can take it, I've got the desire
No, nothing that happened to me was minor
But it helped me grow and come out wiser

Closing Song: #100 [*Peace Like a River*](#)

Virtual Coffee Hour

Guest/visitor welcome, Joys and Concerns and chatting



Prairie UU Society Bond of Union

We, the members of Prairie, wish to associate ourselves together in a religious community which affirms that we share a common humanity, that we need one another, and that our futures are inescapably bound together. Together we would expand our intellectual horizons, enrich our sensory experiences, and deepen our emotional sensitivities. We would sharpen our ethical awareness and broaden our sense of social responsibility. We would stand tall in our quest for integrity of life, yet not at others' expense. As the prairie stretches out until it becomes one with the sky, let us reach out to touch and be one with the natural world, and with one another.

We are sharing our **Offering** this quarter with the **Allied Wellness Center**. The Wellness Center is a neighborhood Center with the purpose of promoting health and wellness of the mind, body and spirit of people living in the Allied, Belmar and Dunn's Marsh neighborhoods

Upcoming Events

Virtual Dungeons and Dragons (beginners group) (every Monday) 4:30 pm

Looking for a fun way to get social with friends? Join us on Mondays from 4:30 to 6:30 pm. No prior experience necessary - though a camera & microphone will be required for full participation. Regular attendance is not required either, although, we think you'll want to come back again and again! This group is open to anyone! Ages 9 & up will be most comfortable. Link to join will remain the same for each week!

Join by computer: <https://us02web.zoom.us/j/87803393490>

Join by phone: 1 (312) 626-6799 Meeting ID: 878 0339 3490

Wednesday Fun (every Wednesday) 6:30pm

On Wednesday evenings we come together to focus our activities around our youngest learners - grades 3 and under. But ALL are welcome. We let the kids decide what to do, but common activities are read aloud, show & tell, virtual hide & seek, talent shows, pet demonstrations, sing-a-longs, or general tomfoolery. Actually, the tomfoolery is guaranteed. Hope to see you there! Room opens at 6:25!

Join by computer: <https://us02web.zoom.us/j/84638913138>

Virtual Dungeons and Dragons (advanced group) (every Friday) 4:30 pm

Bring your character and immerse yourself in a virtual world of storytelling and decision-making. Join us on Friday nights from 4:30-6:30 for our Advanced level Dungeons & Dragons group. Camera & microphone will be necessary to interact fully. Regular attendance is not required either, although, we think you'll want to come back again and again! This group is open to anyone! Ages 9 & up will be most comfortable.

Join by computer: <https://us02web.zoom.us/j/86847774364>

Join by phone: 1 (312) 626-6799 Meeting ID: 868 4777 4364

"Social Justice Reflections" by Prairie UU Society & Free Congregation of Sauk County, July 26th 10:10am (note the different time)

Each year on the fourth Sunday in July, Prairie UU Society and the Free Congregation of Sauk County meet up for a shared service (this year online via Zoom). This year we'll get into virtual small groups and reflect on our past, current and future social justice actions. Note that the service starts at 10:10am.

Join by computer <https://us02web.zoom.us/j/86387565125>

Join by phone +1 312 626 6799 Meeting ID: 863 8756 5125

"Prairie Religious Education: Gratitude for the Past, Hopes for the Future" by Prairie RE Committee, August 2nd 10am

Holly will step out of her role as Prairie's Director of Religious Education on July 31. In this program, we will thank Holly for her years of leadership and hear about what to expect from our Religious Education Program in the year to come. Everyone will have the opportunity to briefly share a Holly memory. If you can, bring a flower with you to our Zoom meeting. We will all hold our flowers up to our cameras to create a virtual bouquet.

Join by computer <https://us02web.zoom.us/j/86387565125>

Join by phone +1 312 626 6799 Meeting ID: 863 8756 5125